

WELCOME TO ST. SOPHIA

440 Whitehall Rd., Albany, New York

Welcome to the celebration of the Divine Liturgy. The glass-enclosed narthex is designated for parents with infants and young children. Everyone is asked to remain in the narthex during the “*Small Entrance*,” “*Great Entrance*,” “*Epistles*,” and “*Gospel Readings*”. Also, please remember to turn off all cell phones and electronic devices. Also know that there is a wheelchair and a walker available to those who have mobility needs. Please ask a Parish Council member at the Pangari.

If you are a visitor or newcomer, we are pleased to have you with us. Please introduce yourself to a parish council member at the Pangari and also sign the guest book. Remember that only those who are baptized or chrismated in the Eastern Orthodox faith may participate in the Holy Sacraments including Holy Communion. Following church services, everyone is invited to attend the fellowship hour in the parish hall. *Our website is <http://stsophia.net>*

Today: October 1

The Holy Protection of the Theotokos

The Feast of the Protection commemorates the appearance of the most holy Theotokos in the Church of Blachernae in Constantinople in the early sixth century, as recorded in the life of Saint Andrew the Fool for Christ's sake. While the multitudes of the faithful were gathered in church, Epiphanius, the friend of Saint Andrew, through the Saint's prayers, beheld the Virgin Mary above the faithful and spreading out her veil over them, signifying her unceasing protection of all Christians. Because of this we keep a yearly feast of gratitude, imploring our Lady never to cease sheltering us in her mighty prayers.

Romanos the Melodist

Saint Romanos flourished during the reign of Anastasius (491-518). He was from Emesa of Syria, and apparently was born of Jewish parents, for a hymn written in his honour in Greek says he was "of Hebrew stock," and it has furthermore been noted that he uses many Semitic idioms in his writings. He was baptized an Orthodox Christian, and at some time became a deacon in the Church of Beirut. He was the first composer of the kontakia, the foremost of which is that of the feast of Christ's Nativity, On this day the Virgin In composing many of his kontakia. Saint Romanos was inspired by the hymns of Saint Ephraim of Syria.

40- Day Memorial Service for the late†

Katherine G. Genos

Coffee Fellowship Sponsored in her Memory

May her Memory be Eternal!

2nd Sunday of Luke

October 1, 2017 – October 7, 2017

1 Sunday	9:30 am	Divine Liturgy
2 Monday	11:00 am	Senior Exercise

	4:00 pm	Greek School
	6:30 pm	Men's Basketball
3 Tuesday	11:00 am	Chair Yoga
	12:30 pm	Senior Program
	4:30 pm	Greek School
	7:00 pm	DOP
4 Wednesday	11:00 am	Senior Exercise
	12:30 pm	Knitters
	4:30 pm	Greek School
5 Thursday	12:30 pm	Seniors
	5:30 pm	Adult Greek School
6 Friday	11:30 am	Senior Exercise
	5:00 pm	Greek School
7 Saturday	10:00 am	Antique Doll Show/Philoptochos Café

News & Events

- ▶ It's never too late. Please make an effort to have your children attend Sunday School on a regular basis or as often as possible. Registration is ongoing.
- ▶ Registration for our Greek School program is also accepting new students. For a schedule of classes and times go to www.stsophiagreekschool.org. Adult classes, which are held on Thursday, are also open to registration.
- ▶ An elderly, Greek-speaking woman with vision impairment is in need of a caretaker several days a week. This is a paid position. For details, contact Karen Pappis at 518.438.9043.
- ▶ “**Save the Date**”. On Saturday, November 18, there will be a “mah-velous” fashion show with glamor and glitz and “oohs and “ahs”. The show will benefit the charitable works of our Philoptochos. See Norma Damascos for exciting details. (Presale tickets are available for \$25).
- ▶ The Sons of Pericles are back again this year to do fall cleanup at your house. For information or to sign up, contact Alex Athanassiadis at 518.641.2811. Donations of \$100 will benefit St. Basil's Academy. Cleanup will begin in October and continue through mid November.
- ▶ Plan on a special evening here on October 18th. Following a short, half hour Philoptochos meeting, there will be a showing of the movie “**The Promise**” a historically correct recounting of the Armenian genocide by the Turkish government. This genocide included as many as 1.5 million Greeks as well. Everyone is invited to attend this free program. Refreshments will be served.
- ▶ Some fun, some fitness. Men's basketball is tomorrow night. See George Koutsakis for information or just show up.
- ▶ Next Sunday there will be a memorial for the late Stavroula and Vasilis Kordas.

Epistle Reading

Prokeimenon. Plagal Fourth Mode. Psalm 75.11,1.

Make your vows to the Lord our God and perform them.

Verse: God is known in Judah; his name is great in Israel.

The reading is from St. Paul's Second Letter to the Corinthians 6:16-18; 7:1.

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty."

Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Gospel Reading

2nd Sunday of Luke

The Reading is from Luke 6:31-36

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

Resurrectional Apolytikion in the Plagal Fourth Mode

From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

Apolytikion for Ananias of the 70 in the Third Mode

O Holy Apostle Ananias, intercede with the merciful God that He grant unto our souls forgiveness of offences

Apolytikion for Romanos the Melodist in the Plagal Fourth Mode

In thee the image was preserved with exactness, O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it is immortal. Wherefore, O righteous Romanos, thy spirit rejoiceth with the Angels.

Apolytikion (Hymn) for the Church in the Plagal Fourth Mode

Blessed art Thou, O Christ our God, Who hast made manifest the fishermen as most wise, By sending down upon them the Holy Ghost, And by them hast drawn the world into Thy net. O Lover of mankind, glory to Thee.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.