

WELCOME TO ST. SOPHIA

440 Whitehall Rd., Albany, New York

Welcome to the celebration of the Divine Liturgy. The glass-enclosed narthex is designated for parents with infants and young children. Everyone is asked to remain in the narthex during the “*Small Entrance*,” “*Great Entrance*,” “*Epistles*,” and “*Gospel Readings*”. Also, please remember to turn off all cell phones and electronic devices. Also know that there is a wheelchair and a walker available to those who have mobility needs. Please ask a Parish Council member at the Pangari.

If you are a visitor or newcomer, we are pleased to have you with us. Please introduce yourself to a parish council member at the Pangari and also sign the guest book. Remember that only those who are baptized or chrismated in the Eastern Orthodox faith may participate in the Holy Sacraments including Holy Communion. Following church services, everyone is invited to attend the fellowship hour in the parish hall. Our website is <http://stsophia.net>

Today: Pelagia the Righteous

This Saint was a prominent actress of the city of Antioch, and a pagan, who lived a life of unrestrained prodigality and led many to perdition. Instructed and baptized by a certain bishop named Nonnus (Saint Nonnus is commemorated Nov. 10), she departed for the Mount of Olives near Jerusalem, where she lived as a recluse, feigning to be a eunuch called Pelagia. She lived in such holiness and repentance that within three or four years she was deemed worthy to repose in an odour of sanctity, in the middle of the fifth century. Her tomb on the Mount of Olives has been a place of pilgrimage ever since.

3-Year Memorial for the late

Stavrroula Kordas

6-Year Memorial for the late

Vassilis Kordas

Coffee Fellowship Sponsored in their Memory

May their Memory be Eternal!

3rd Sunday of Luke

October 8, 2017 – October 14, 2017

8 Sunday	9:30 am	Divine Liturgy
9 Monday		<i>COLUMBUS DAY HOLIDAY</i>
10 Tuesday	11:00 am	Chair Yoga
	12:30 pm	Senior Program
	4:30 pm	Greek School
11 Wednesday	11:00 am	Senior Exercise
	12:30 pm	Knitters
	4:30 pm	Greek School
12 Thursday	12:30 pm	Seniors
	5:30 pm	Adult Greek School
13 Friday	11:30 am	Senior Exercise

5:00 pm Greek School

News & Events

- ▶ Next Sunday there will be a General Assembly meeting following church services. In addition to committee reports and other business, there will be nominations for the Parish Council. Everyone is encouraged to attend, but in order to vote, you must be a “member-in-good-standing” which means having three quarters of your 2017 stewardship paid. (By the way, if you have not yet made your 2017 commitment, now is a really good time to do it).
- ▶ It’s never too late for Sunday School—registration is always open. Our children’s religious education is of great importance.
- ▶ St. Sophia will be hosting the Family Promise program next week starting on October 15 through October 22. Volunteers are needed for meal prep, overnight stays, and “hosting” our guests during the early evening hours. Please see Peter Melas for details. This can be a rewarding experience.
- ▶ Another opportunity to support the Family Promise program is joining in the “3rd Annual Doors to the Future Celebration” on October 19 at Treviso (Italian Community Center). Tickets are \$60 for the dinner and live jazz event. Raffle tickets with great prizes are also available. See Peter Melas.
- ▶ An author and life-long member of St. Sophia will be recognized by the Albany Public Library Foundation for her award-winning books. There will be a Gala in honor of Athena V. Lord on Saturday, October 21 from 7 to 9:30 p.m. at Bach Branch Library on New Scotland Avenue. Tickets for the gala are \$75 per person and will be available during the fellowship hour today or in the office during the week.
- ▶ Plan on a special evening here on October 18th. Following a short, half hour Philoptochos meeting, there will be a showing of the movie “*The Promise*” a historically correct recounting of the Armenian genocide by the Turkish government. This genocide included as many as 1.5 million Greeks as well. Everyone is invited to attend this free program. Refreshments will be served.
- ▶ “*Save the Date*”. On Saturday, November 18, there will be a “mah-velous” fashion show with glamor and glitz and “oohs and “aahs”. The show will benefit the charitable works of our Philoptochos. See Norma Damascos for exciting details. (Presale tickets are available for \$25).
- ▶ Dance group sign-ups are now closed. Parents and dancers will soon be receiving information regarding rehearsal times and other details in preparation for another great year!
- ▶ The Sons of Pericles are back again this year to do fall cleanup at your house. For information or to sign up, contact Alex Athanassiadis at 518.641.2811. Donations of \$100 will benefit St. Basil’s Academy. Cleanup will continue through mid November.

Epistle Reading

Prokeimenon. First Mode. Psalm 32.22,1.

Let your mercy, O Lord, be upon us.

Verse: Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's Second Letter to the Corinthians 9:6-11.

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures for ever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

Gospel Reading

3rd Sunday of Luke

The Reading is from Luke 7:11-16

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

Resurrectional Apolytikion in the First Mode

When the stone had been sealed by the Jews and the soldiers were guarding Thine immaculate Body, Thou didst arise on the third day, O Saviour, granting life unto the world. Wherefore, the powers of the Heavens cried out to Thee, O Lifegiver: Glory to Thy Resurrection, O Christ. Glory to Thy Kingdom. Glory to Thy dispensation, O only Friend of man.

Apolytikion for Righteous Pelagia in the Plagal Fourth Mode

In thee the image was preserved with exactness, O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it is immortal. Wherefore, O righteous Pelagia, thy spirit rejoiceth with the Angels.

Apolytikion (Hymn) for the Church in the Plagal Fourth Mode

Blessed art Thou, O Christ our God, Who hast made manifest the fishermen as most wise, By sending down upon them the Holy Ghost, And by them hast drawn the world into Thy net. O Lover of mankind, glory to Thee.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.