

Welcome to the celebration of the Divine Liturgy. The glass-enclosed narthex is designated for parents with infants and young children. Everyone is asked to remain in the narthex during the “*Small Entrance*,” “*Great Entrance*,” “*Epistles*,” and “*Gospel Readings*”. Also, please remember to turn off all cell phones and electronic devices. Also know that there is a wheelchair and a walker available to those who have mobility needs. Please ask a Parish Council member at the Pangari.

If you are a visitor or newcomer, we are pleased to have you with us. Please introduce yourself to a parish council member at the Pangari and also sign the guest book. Remember that only those who are baptized or chrismated in the Eastern Orthodox faith may participate in the Holy Sacraments including Holy Communion. Following church services, everyone is invited to attend the fellowship hour in the parish hall. *Our website is <http://stsophia.net>*

Today:

July 1

Cosmas & Damian the Holy Unmercenaries

These Saints, who are different from those that are celebrated on the 1st of November, were from Rome. They were physicians, freely bestowing healing upon beasts and men, asking nothing from the healed other than that they confess and believe in Christ. They ended their life in martyrdom in the year 284, under the Emperors Carinus and Numerian.

Forty-day Blessing for
Victoria
Daughter of Georgia and Vasili Lembesis

Fifth Sunday of Matthew July 1, 2018 – July 7, 2018

1 Sunday	9:30 am Divine Liturgy
2 Monday	11:30 am No Senior Exercise
3 Tuesday	11:00 am No Chair Yoga 12:30 pm Senior Program
4 Wednesday	11:30 am No Senior Exercise 12:30 pm Knitters
5 Thursday	12:30 pm Seniors
6 Friday	11:30 am No Senior Exercise

News & Events

- ▶ Mark your calendar for Saturday, July 14. Everyone is invited to celebrate the Divine Liturgy at the Prophet Elias Chapel which is located at 25 Van Rensselaer Blvd. just down the road from Albany Memorial Hospital. Liturgy will begin at 10 a.m., and there will be a fellowship following services. For further information, please call the church office. Note: There will be a tented area in the event of showers.
- ▶ It’s not spring cleaning, but this summer may be a good time to clean out unused items collecting dust in your closets and attics. Philoptochos will be having a garage sale on August 18. Household items, purses, jewelry, toys, luggage, artwork, holiday items, books and DVD’s in good condition are needed. Smaller items can be left in the coatroom. Large furniture will be accepted at a later date. No clothing, please.
- ▶ St. George Church in South Glens Falls will be holding its annual Adirondack Greek Festival on Friday and Saturday, July 13 and 14 from noon until 8 p.m. They also have “souvlaki and gyros night” on Thursday from 4-8 p.m.
- ▶ There’s an estimated 30,000 children living in poverty in the Capital Region. During the school year, many of these kids are eligible for the lunch program. When school is out during the summer, these same children are in need of three meals a day at home instead of just two. Donations, therefore, are sorely needed for the Food Pantry. Our collection box is located across from the coat room.
- ▶ FYI. There is a summer camp program here which will run though the end of the summer. The gym, classrooms, and outdoor areas are designated areas for this weekday program. Note: This is a private enterprise which provides rental income for the church during our off season of programs and events.
- ▶ “Soul food.” In addition to barbecues, vacation trips and outdoor concerts, come and enjoy summer worship. The church is comfortably air conditioned and a nice respite from our lazy, hazy, crazy days of summer.
- ▶ Father Pat will be at Clergy-Laity this week. If you have need for a priest, please call the church office.

Epistle Reading

Prokeimenon. Fourth Mode. Psalm 15.3,8.

Among the saints who are in his land, the Lord has been wondrous.

Verse: I see the Lord before me continually.

The reading is from St. Paul's First Letter to the Corinthians 12:27-31; 13:1-8.

Brethren, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

Gospel Reading

5th Sunday of Matthew

The reading is from Matthew 8:28-34; 9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

Resurrectional Apolytikion in the Fourth Mode

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

Apolytikion for Unmercenaries Cosmas and Damian in the Plagal Fourth Mode

O Holy Unmercenaries and wonderworkers, visit our infirmities; freely ye received, freely give to us.

Apolytikion (Hymn) for the Church in the Plagal Fourth Mode

Blessed art Thou, O Christ our God, Who hast made manifest the fishermen as most wise, By sending down upon them the Holy Ghost, And by them hast drawn the world into Thy net. O Lover of mankind, glory to Thee.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.