

## WELCOME TO ST. SOPHIA

440 Whitehall Rd., Albany, New York

Welcome to the celebration of the Divine Liturgy. The glass-enclosed narthex is designated for parents with infants and young children. Everyone is asked to remain in the narthex during the “Small Entrance,” “Great Entrance,” “Epistles,” and “Gospel Readings”. Also, please remember to turn off all cell phones and electronic devices. For those with special mobility needs, there is a wheelchair and a walker available. Please ask a Parish Council member at the Pangari.

If you are a visitor or newcomer, we are pleased to have you with us. Please introduce yourself to a parish council member at the Pangari and also sign the guest book. However, remember that only those who are baptized or chrismated in the Eastern Orthodox faith may participate in the Holy Sacraments including Holy Communion. Following church services, everyone is invited to attend the fellowship hour in the parish hall.

Our website is <http://stsophia.net>

### Today: The Holy Martyrs Hermylus and Stratonicus

Saints Hermylus and Stratonicus contested for piety's sake during the reign of Licinius, in the year 314. Saint Hermylus was a deacon, and Stratonicus was his friend. For his confession of Christ, Hermylus was beaten so fiercely that his whole body was covered with wounds. Stratonicus, seeing him endure this and other torments that left him half dead, wept with grief for his friend. From this he was discovered to be a Christian, and when he had openly professed his Faith and had been beaten, he and Hermylus were cast into the Danube River, receiving the crown of martyrdom.

40-Day Blessing for Kyriakos James  
Son of Mary Megan and Antonis Dziakis

Forty-day Memorial for the late†  
Vangel George  
Coffee Fellowship Sponsored in his Memory

Forty-day Memorial for the late†  
Jean Tsaffares

Eight-year Memorial for the late†  
Irene Glinos  
Ten-year Memorial for the late†  
Nicholas Glinos

May their Memory be Eternal!

**Sunday after Epiphany**  
**January 13, 2019 – January 19, 2019**

13 Sunday	9:30 am Divine Liturgy Induction of the 2019 Parish Council <i>Cutting of the Vasilopita</i>
14 Monday	11:30 am Senior Exercise 6:30 pm Basketball
15 Tuesday	11:00 am Chair Yoga 12:30 pm Senior Program 4:00 pm Greek School 7:00 pm Religious Study
16 Wednesday	11:00 am Senior Exercise 12:30 pm Knitters 4:00 pm Greek School
17 Thursday	9:30 am Liturgy–St. Anthony 12:15 pm Seniors 4:00 pm Greek School 5:30 pm Adult Greek School
18 Friday	9:30 am Liturgy–St. Athanasios 11:30 am Senior Exercise
19 Saturday	10:00 am Greek School

### News & Events

- ▶ They do know how to throw a great party!!! On Saturday, February 9, the Sons and Maids will be hosting their annual Valentine's Dance. The evening will include music provided by Zilos and a full buffet supper. Presale tickets are \$25; youth 6-13, \$15; and no charge for kids under five. Tickets are \$30 at the door. E-mail [albanyvdaydance@gmail.com](mailto:albanyvdaydance@gmail.com). Or see Zoe Bousbouras or Michael Neal.
- ▶ Tickets are selling fast. Magda Giannikou, an international young Greek composer and musician will be bringing her band “Banda Magda” to Proctors GE Theatre on February 15 for an evening of great music. Tickets are \$25 and can be purchased online or directly at Proctors. Note: Complimentary coffee and dessert are included following the show. Prior to the show, there will be a supper buffet catered by Reel Seafood. The cost for the supper is \$30 per person.
- ▶ If you have not already done so, please fill out a stewardship commitment for 2019. The 2019 stewardship commitment cards are bright yellow this year and are located in the exonarthex of the church and on the information table by the office. Payments can be made using the yellow-bordered envelopes, by check, or even by credit card payment over the phone. Also, if you are a new member or have a change of information, please fill out the “Family Profile Form”.
- ▶ St. Sophia will be hosting the Family Promise program this week. For information or to volunteer, see Georgia Fishburn or Peter Melas
- ▶ Next Sunday there will be a one-year memorial for the late Robert Fallon.

## Epistle Reading

***Prokeimenon. First Mode. Psalm 32.22,1.***

*Let your mercy, O Lord, be upon us.*

*Verse: Rejoice in the Lord, O ye righteous.*

**The reading is from St. Paul's Letter to the Ephesians 4:7-13.**

BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

## Gospel Reading

**Sunday after Epiphany**

**The reading is from Matthew 4:12-17**

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

## Resurrectional Apolytikion in the Plagal Fourth Mode

From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

## Apolytikion for Theophany Afterfeast in the First Mode

When Thou wast baptized in the Jordan, O Lord, the worship of the Trinity was made manifest; for the voice of the Father bare witness to Thee, calling Thee His beloved Son. And the Spirit in the form of a dove confirmed the certainty of the word. O Christ our God, Who hast appeared and hast enlightened the world, glory be to Thee.

## Apolytikion (Hymn) for the Church in the Plagal Fourth Mode

Blessed art Thou, O Christ our God, Who hast made manifest the fishermen as most wise, By sending down upon them the Holy Ghost, And by them hast drawn the world into Thy net. O Lover of mankind, glory to Thee.

## Seasonal Kontakion in the Fourth Mode

You appeared to the world today, and Your light, O Lord, has left its mark upon us. With fuller understanding we sing to You: "You came, You were made manifest, the unapproachable light."