

## WELCOME TO ST. SOPHIA

440 Whitehall Rd., Albany, New York

Welcome to the celebration of the Divine Liturgy. The glass-enclosed narthex is designated for parents with infants and young children. Everyone is asked to remain in the narthex during the “Small Entrance,” “Great Entrance,” “Epistles,” and “Gospel Readings”. Also, please remember to turn off all cell phones and electronic devices. For those with special mobility needs, there is a wheelchair and a walker available. Please ask a Parish Council member at the Pangari.

If you are a visitor or newcomer, we are pleased to have you with us. Please introduce yourself to a parish council member at the Pangari and also sign the guest book. However, remember that only those who are baptized or chrismated in the Eastern Orthodox faith may participate in the Holy Sacraments including Holy Communion. Following church services, everyone is invited to attend the fellowship hour in the parish hall.

Our website is <http://stsophia.net>

**Today: March 3**

### Judgment Sunday (Meatfare Sunday)

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds.

It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren.

Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

### The Holy Martyrs Eutropius, Cleonicus, and Basiliscus

The Martyrs, who were from Amasia, were fellow soldiers and kinsmen of Saint Theodore the Tyro (see Feb. 17). They were betrayed to the Governor Asclepiodotus as Christians, during the reign of Diocletian (284-305). After many torments, Eutropius and Cleonicus were crucified; Basiliscus was not slain together with them, but was shut up in prison, in the hope that with time he might change his mind and sacrifice to the idols. He was beheaded on May 22; see also the account on that day.

*Eight-year Memorial for the late† Dolores Docous*  
*Eighteen-year Memorial for the late† Thomas N. Docous*  
*Fifteen-year Memorial for the late† Delia Milham*  
*Thirty-four-year Memorial for the late† Fred Milham*

*Three-year Memorial for the late† Mary Lorraine Milham*  
*Twenty-year Memorial for the late† Marianthi Docous*  
*Fifty-three year Memorial for the late† Nicholas Docous*  
*Five-year Memorial for the late† Edward Awad*  
*Four-year Memorial for the late† William Markopoulos*  
*Two-year Memorial for the late† Constantine Docous*  
*Coffee Fellowship Sponsored in their Memory*  
*May their Memory be Eternal!*

## Judgment Sunday

March 3, 2019 – March 9, 2019

3 Sunday	9:30 am Divine Liturgy
4 Monday	11:00 am Senior Exercise 7:00 pm AHEPA
5 Tuesday	11:00 am Chair Yoga 12:30 pm Senior Program 4:00 pm Greek School 7:00 pm DOP
6 Wednesday	11:00 am Senior Exercise 12:30 pm Knitters 4:00 pm Greek School
7 Thursday	12:15 pm Seniors 4:00 pm Greek School 5:30 pm Adult Greek School
8 Friday	11:30 am Senior Exercise
9 Saturday	9:30 am Divine Liturgy–2nd Saturday of Souls 10:00 am Greek School

### News & Events

- ▶ Join with family and friends for GOYA's annual Cheesefare Sunday Luncheon next Sunday, March 10. This annual communal meal marks the beginning of Lent on that Monday. Tickets are \$10 for adults; \$5 for children ages 6-17, and free for children age 5 and under. Tickets will be available during the fellowship hour.
- ▶ The Daughters of Penelope are going “Easter Shopping” on April 13 to Titan's. If you would like to order tsoureki or baklava, see Dora Mokhiber. The tsoureki are \$7 a loaf; a twelve-pack of baklava is \$10. All orders must be paid in advance.
- ▶ Everybody loves a parade. And so, there will be a chartered bus going to NYC on Sunday, April 14 for the Annual Greek Independence Day Parade. Tickets are \$40. The trip is sponsored by AHEPA. See Jordan Moisodes for reservations.
- ▶ Next Sunday there will be a three-year memorial for late Nicholas Caladim.

## Epistle Reading

***Prokeimenon. Fourth Mode. Psalm 146.5;134.3.***

*Great is our Lord, and great is his power.*

*Verse: Praise the Lord, for the Lord is good.*

**The reading is from St. Paul's First Letter to the Corinthians 8:8-13; 9:1-2.**

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

## Gospel Reading

**Judgment Sunday (Meatfare Sunday)**

**The reading is from Matthew 25:31-46**

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

## Resurrectional Apolytikion in the Grave Mode

Thou didst abolish death by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrh-bearers' lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

## Apolytikion (Hymn) for the Church in the Plagal Fourth Mode

Blessed art Thou, O Christ our God, Who hast made manifest the fishermen as most wise, By sending down upon them the Holy Ghost, And by them hast drawn the world into Thy net. O Lover of mankind, glory to Thee.

Ευλογητός ει, Χριστέ ο Θεός ημών, ο πανσόφους τους αλιείς αναδείξας, καταπέμψας αυτοίς το Πνεύμα το Άγιον, και δι' αυτών την οικουμένην σαγηνεύσας. Φιλάνθρωπε, δόξα σοι.

## Seasonal Kontakion in the First Mode

O God, when You come upon the earth in glory, the whole world will tremble. A river of fire will bring all before Your Judgment Seat and the books will be opened, and everything in secret will become public. At that time, deliver me from the fire which never dies, and enable me to stand by Your right hand, O Judge most just.